



SHOTWICK LAKE SAILING

A Limited Company Registered in
England & Wales No: 5364039
Registered Charity No. 1110888
www.shotwicksailing.org

REGISTERED OFFICE:

16 Hallfield Close
Cornist
Flint
Flintshire
CH6 5HL

CLUB WATER:

Shotwick Lake
Weighbridge Road
Deeside Industrial Estate
Flintshire CH5 2LL
Tel. 01244 280822

Powerboat Refresher (3 hour duration) Rev H 27/12/22

1. Land Session (15 minutes) [Some of this session online prior to the course]

Two people in the boat.
Always wear the kill cord.
Buoyancy aids not lifejackets
Communication
Steer before gear.
Planing speed only where necessary
Keep helmsman's seat between person in the water & engine.
Consider juniors first
Count heads
Order of priority: Crew currently being assisted, other crews, damage to boats, recovery of boats.
Scoop & run
Recovery of single & double handed boats including inverted.
Low speed manoeuvres
Lee shore recovery
Traffic light system
Mark laying
Use of Radio Communication

2. On the Water Session (150 minutes) Launching & recovery of boat

Fuelling of boats.
Powerboat Equipment check
Powerboat Launching / Recovery
Basic controls kill cord, start, and stop.
Low speed manoeuvres.
MOB recovery
Use of Jason's Cradle
Recovery of single and double handed boats.
Windsurfer Recovery

3. Summary (15min)

Review of on the water sessions.
Incident Scenarios.
Reporting Defects
Major incident procedure.